

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labour Day	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Flood 5:30 - 5:45 Sr 5:45 - 7:15	Sr 3:45 - 5 (Int by approval)	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	
8	9	10	11	12	13	14
Jr Academy 6:30 - 7:15 am Sr Academy 6:30 - 7:30 am Jr 6:30 - 8:00 am Int 8:00 - 9:45 am Sr 10:00am - 12:00 pm	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:15 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Flood 5:30 - 5:45 Sr 5:45 - 7:15	Sr 3:45 - 5 (Int by approval)	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	
15	16	17	18	19	20	21
Jr Academy 6:30 - 7:15 am Sr Academy 6:30 - 7:30 am Jr 6:30 - 8:00 am Int 8:00 - 9:45 am Sr 10:00am - 12:00 pm	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:15 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Flood 5:30 - 5:45 Sr 5:45 - 7:15	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval)	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	
	Board Meeting 7:00 pm					
22	23	24	25	26	27	28
Jr Academy 6:30 - 7:15 am Sr Academy 6:30 - 7:30 am Jr 6:30 - 8:00 am Int 8:00 - 9:45 am Sr 10:00am - 12:00 pm	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:15 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Flood 5:30 - 5:45 Sr 5:45 - 7:15	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) **PA Clinic 5:00 - 5:45**	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	<i>Fall Invitational</i> <i>Okotoks</i>	<i>Fall Invitational</i> <i>Okotoks</i>
29	30					
<i>Fall Invitational</i> <i>Okotoks</i>	Power B (S1) 6:15 - 7:15 AM Power A (S1) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:15 Sr 5 - 6:30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00
					<i>Sectional Championships Calgary</i>	<i>Sectional Championships Calgary</i>
					3	4
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Flood 6:15 - 6:30 Sr 6:30 - 8:00	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	7	8
					5	6
					9	10
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	No Power Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Flood 6:15 - 6:30 Sr 6:30 - 8:00	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	11	12
					13	14
					15	16
					17	18
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30 Board Meeting 7:00 pm	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Flood 6:15 - 6:30 Sr 6:30 - 8:00	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 Simulations 6:30 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	21	22
					19	20
					23	24
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Flood 6:15 - 6:30 Sr 6:30 - 8:00	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	25	26
					27	28
					29	30
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30 <i>Skate Canada Challenge Edmonton</i>	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Flood 6:15 - 6:30 Sr 6:30 - 8:00 <i>Skate Canada Challenge Edmonton</i>	Power B (S2) 6:15 - 7:15 AM Power A (S2) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45 <i>Skate Canada Challenge Edmonton</i>	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45 <i>Skate Canada Challenge Edmonton</i>	31	32
					33	34
					35	36
					37	38
					39	40
					41	42
					43	44
					45	46
					47	48
					49	50
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					53	54
					55	56
					57	58
					59	60
					61	62
					63	64
					65	66
					67	68
					69	70
					71	72
					73	74
					75	76
					77	78
					79	80
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					87	88
					89	90
					91	92
					93	94
					95	96
					97	98
					99	100

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Jr Academy 6:30 - 7:15 am	Power B (S2) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S2) 6:15 - 7:15 AM	Int 6:30 - 8 AM	Canskate 12:45 - 1:30	PreCan 10:00 - 10:30
Jr A Dryland 7:30 - 8:00 am	Power A (S2) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S2) 7:15 - 8 AM	Jr & Sr Academy 3:45 - 4:15	Sr/Int Gr 1 1:30 - 3:30	Canskate 10 - 10:45
Sr Academy 6:30 - 7:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30	Sr 3:45 - 5 (Int by approval)	Jr 3:45 - 4:15	Flood 3:30 - 3:45	PreCan 10:45 - 11:15
Sr A Dryland 7:45 - 8:15 am	Jr 3:45 - 4:30	Canskate 5:30 - 6:15	Academy/Jr Spin 4:15 - 4:30	Academy/Jr Spin 4:15 - 4:30	Sr/Int Gr 2 3:45 - 5:45	Canskate 10:45 - 11:30
Jr 6:30 - 8:00 am	Acad/Jr Dryland 4:45 - 5:15	Flood 6:15 - 6:30	Canskate 5:00 - 5:45	Sr 4:30 - 5:45	Sr Academy 5:45 - 6:30	PrePower 11:30 - 12:00
Jr Dryland 8:15 - 8:45 am	Int Dryland 3:45 - 4:15	Sr 6:30 - 8:00	PreCan/PrePower 5:15 - 5:45		Jr 5:45 - 7:00	
Int 8:00 - 8:45 am, 10 - 11 am	Int 4:30 - 5:15		PreCan/PrePower 6:30 - 7			
Int Dryland 9 - 9:45 am	Sr Dryland 4:15 - 4:45		Canskate 6:30 - 7:15		Calgary STARSkate Invitational Cochrane	Calgary STARSkate Invitational Cochrane
Sr 8:45 - 9:45 am, 11 - 12 pm	Sr 5 - 6:30		Private Pickup 7:15 - 8:15			
Sr Dryland 10 - 10:45 am			Adult/Teen 8:00 - 8:45			
8	9	10	11	12	13	14
Jr Academy 6:30 - 7:15 am	Power B (S2) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S2) 6:15 - 7:15 AM	Int 6:30 - 8 AM	Canskate 12:45 - 1:30	PreCan 10:00 - 10:30
Jr A Dryland 7:30 - 8:00 am	Power A (S2) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S2) 7:15 - 8 AM	Jr & Sr Academy 3:45 - 4:15	Sr/Int Gr 1 1:30 - 3:30	Canskate 10 - 10:45
Sr Academy 6:30 - 7:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30	Sr 3:45 - 5 (Int by approval)	Jr 3:45 - 4:15	Flood 3:30 - 3:45	PreCan 10:45 - 11:15
Sr A Dryland 7:45 - 8:15 am	Jr 3:45 - 4:30	Canskate 5:30 - 6:15	Academy/Jr Spin 4:15 - 4:30	Academy/Jr Spin 4:15 - 4:30	Sr/Int Gr 2 3:45 - 5:45	Canskate 10:45 - 11:30
Jr 6:30 - 8:00 am	Acad/Jr Dryland 4:45 - 5:15	Flood 6:15 - 6:30	PreCan/PrePower 6:30 - 7	Sr 4:30 - 5:45	Sr Academy 5:45 - 6:30	PrePower 11:30 - 12:00
Jr Dryland 8:15 - 8:45 am	Int Dryland 3:45 - 4:15	Sr 6:30 - 8:00	Canskate 6:30 - 7:15		Jr 5:45 - 7:00	
Int 8:00 - 8:45 am, 10 - 11 am	Int 4:30 - 5:15		Private Pickup 7:15 - 8:15			
Int Dryland 9 - 9:45 am	Sr Dryland 4:15 - 4:45		Adult/Teen 8:00 - 8:45		Test Day - Option 1	
Sr 8:45 - 9:45 am, 11 - 12 pm	Sr 5 - 6:30					
Sr Dryland 10 - 10:45 am						
Calgary STARSkate Invitational Cochrane						
15	16	17	18	19	20	21
Jr Academy 6:30 - 7:15 am	Power B (S2) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Sr 3:45 - 5 (Int by approval)	Int 6:30 - 8 AM	Peewee Tournament	Peewee Tournament
Jr A Dryland 7:30 - 8:00 am	Power A (S2) 7:15 - 8 AM	Jr 3:45 - 4:30	Star Skate Testing 6:30 - 8:30	Jr & Sr Academy 3:45 - 4:15		
Sr Academy 6:30 - 7:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30		Jr 3:45 - 4:15		
Sr A Dryland 7:45 - 8:15 am	Jr 3:45 - 4:30	Flood 5:30 - 5:45		Academy/Jr Spin 4:15 - 4:30		
Jr 6:30 - 8:00 am	Acad/Jr Dryland 4:45 - 5:15	Sr 5:45 - 7:15		Sr 4:30 - 5:45		
Jr Dryland 8:15 - 8:45 am	Int Dryland 3:45 - 4:15	Extend Ice to 8:00 pm for possible test day				
Int 8:00 - 8:45 am, 10 - 11 am	Int 4:30 - 5:15					
Int Dryland 9 - 9:45 am	Sr Dryland 4:15 - 4:45					
Sr 8:45 - 9:45 am, 11 - 12 pm	Sr 5 - 6:30	Test Day - Option 2				
Sr Dryland 10 - 10:45 am						
22	23	24	25	26	27	28
Peewee Tournament	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
29	30	31				
Christmas Break	Christmas Break	Christmas Break				

January

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	Christmas Break	Christmas Break	New Year's Day Christmas Break	Christmas Break	Christmas Break	
5	6	7	8	9	10	11
Jr Academy 6:30 - 7:15 am	Power B (S3) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S3) 6:15 - 7:15 AM	Int 6:30 - 8 AM	Canskate 12:45 - 1:30	PreCan 10:00 - 10:30
Jr A Dryland 7:30 - 8:00 am	Power A (S3) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S3) 7:15 - 8 AM	Jr & Sr Academy 3:45 - 4:15	Sr/Int Gr 1 1:30 - 3:30	Canskate 10 - 10:45
Sr Academy 6:30 - 7:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30	Sr 3:45 - 5	Jr 3:45 - 4:15	Flood 3:30 - 3:45	PreCan 10:45 - 11:15
Sr A Dryland 7:45 - 8:15 am	Jr 3:45 - 4:30	Canskate 5:30 - 6:15	(Int by approval)	Academy/Jr Spin 4:15 - 4:30	Sr/Int Gr 2 3:45 - 5:45	Canskate 10:45 - 11:30
Jr 6:30 - 8:00 am	Acad/Jr Dryland 4:45 - 5:15	Sr 6:30 - 8:00	Canskate 5:00 - 5:45	Sr 4:30 - 5:45	Sr Academy 5:45 - 6:30	PrePower 11:30 - 12:00
Jr Dryland 8:15 - 8:45 am	Int Dryland 3:45 - 4:15		PreCan/PrePower 5:15 - 5:45		Jr 5:45 - 7:00	
Int 8:00 - 8:45 am, 10 - 11 am	Int 4:30 - 5:15		PreCan/PrePower 6:30 - 7			
Int Dryland 9 - 9:45 am	Sr Dryland 4:15 - 4:45		Canskate 6:30 - 7:15			
Sr 8:45 - 9:45 am, 11 - 12 pm	Sr 5 - 6:30		Private Pickup 7:15 - 8:15			
Sr Dryland 10 - 10:45 am			Adult/Teen 8:00 - 8:45			
12	13	14	15	16	17	18
Jr Academy 6:30 - 7:15 am	Power B (S3) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S3) 6:15 - 7:15 AM	Int 6:30 - 8 AM	Canskate 12:45 - 1:30	PreCan 10:00 - 10:30
Jr A Dryland 7:30 - 8:00 am	Power A (S3) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S3) 7:15 - 8 AM	Jr & Sr Academy 3:45 - 4:15	Sr/Int Gr 1 1:30 - 2:30	Canskate 10 - 10:45
Sr Academy 6:30 - 7:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30	Sr 3:45 - 5	Jr 3:45 - 4:15		PreCan 10:45 - 11:15
Sr A Dryland 7:45 - 8:15 am	Jr 3:45 - 4:30	Canskate 5:30 - 6:15	(Int by approval)	Academy/Jr Spin 4:15 - 4:30		Canskate 10:45 - 11:30
Jr 6:30 - 8:00 am	Acad/Jr Dryland 4:45 - 5:15	Sr 6:30 - 8:00	Canskate 5:00 - 5:45	Sr 4:30 - 5:45		PrePower 11:30 - 12:00
Jr Dryland 8:15 - 8:45 am	Int Dryland 3:45 - 4:15		PreCan/PrePower 5:15 - 5:45			
Int 8:00 - 8:45 am, 10 - 11 am	Int 4:30 - 5:15		PreCan/PrePower 6:30 - 7			
Int Dryland 9 - 9:45 am	Sr Dryland 4:15 - 4:45		Canskate 6:30 - 7:15			
Sr 8:45 - 9:45 am, 11 - 12 pm	Sr 5 - 6:30		Private Pickup 7:15 - 8:15			
Sr Dryland 10 - 10:45 am			Adult/Teen 8:00 - 8:45		**Scotties - Jan 17 - 27th**	**Scotties - Jan 17 - 27th**
19	20	21	22	23	24	25
Jr & Sr Academy 6:30 - 7:30 am	Power B (S3) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S3) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Canskate 12:45 - 1:30	PreCan 10:00 - 10:30
Jr 6:30 - 7:30 am	Power A (S3) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S3) 7:15 - 8 AM	Jr 3:45 - 5:00	Sr/Int Gr 2 1:30 - 2:30	Canskate 10 - 10:45
Int 7:30 - 8:30 am	Sr 3:45 - 5:15	Int 4:30 - 5:30	Sr 3:45 - 5			PreCan 10:45 - 11:15
Sr 8:30 - 9:45 am		Canskate 5:30 - 6:15	(Int by approval)			Canskate 10:45 - 11:30
No Dryland			Canskate 5:00 - 5:45			PrePower 11:30 - 12:00
			PreCan/PrePower 5:15 - 5:45			
Scotties - Jan 17 - 27th	**Scotties - Jan 17 - 27th**	**Scotties - Jan 17 - 27th**	PreCan/PrePower 6:30 - 7	**Scotties - Jan 17 - 27th**	**Scotties - Jan 17 - 27th**	**Scotties - Jan 17 - 27th**
			Canskate 6:30 - 7:15			
			Private Pickup 7:15 - 8:15			
	Board Meeting 7:00 pm		Adult/Teen 8:00 - 8:45			
26	27	28	29	30	31	
Jr & Sr Academy 6:30 - 7:30 am	Power B (S3) 6:15 - 7:15 AM	Jr & Sr Academy 3:45 - 4:30	Power B (S3) 6:15 - 7:15 AM	Int 6:30 - 8 AM	Canskate 12:45 - 1:30	
Jr 6:30 - 7:30 am	Power A (S3) 7:15 - 8 AM	Jr 3:45 - 4:30	Power A (S3) 7:15 - 8 AM	Jr & Sr Academy 3:45 - 4:15	Sr/Int Gr 1 1:30 - 3:30	
Int 7:30 - 8:30 am	Jr & Sr Academy 3:45 - 4:30	Int 4:30 - 5:30	Sr 3:45 - 5	Jr 3:45 - 4:15	Flood 3:30 - 3:45	
Sr 8:30 - 9:45 am	Jr 3:45 - 4:30	Canskate 5:30 - 6:15	(Int by approval)	Academy/Jr Spin 4:15 - 4:30	Sr/Int Gr 2 3:45 - 5:45	
No Dryland	Acad/Jr Dryland 4:45 - 5:15	Sr 6:30 - 8:00	Canskate 5:00 - 5:45	Sr 4:30 - 5:45	Sr Academy 5:45 - 6:30	
	Int Dryland 3:45 - 4:15		PreCan/PrePower 5:15 - 5:45		Jr 5:45 - 7:00	
	Int 4:30 - 5:15		PreCan/PrePower 6:30 - 7			
Scotties - Jan 17 - 27th	Sr Dryland 4:15 - 4:45		Canskate 6:30 - 7:15			
	Sr 5 - 6:30		Private Pickup 7:15 - 8:15			
			Adult/Teen 8:00 - 8:45			

Community Rm (Dryland) Heritage Heights Murray Pason Competition Simulations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00
2	3	4	5	6	7	8
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Power B (S3) 6:15 - 7:15 AM Power A (S3) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Jr 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Power B (S3) 6:15 - 7:15 AM Power A (S3) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00 <i>Central STARSkate Invitational Sylvan Lake</i>	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00 <i>Central STARSkate Invitational Sylvan Lake</i>
9	10	11	12	13	14	15
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am <i>Central STARSkate Invitational</i>	Power B (S3) 6:15 - 7:15 AM Power A (S3) 7:15 - 8 AM Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30 Board Meeting 7:00 pm	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Power B (S3) 6:15 - 7:15 AM Power A (S3) 7:15 - 8 AM Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00 <i>Alberta Winter Games Airdrie</i>	No Canskate <i>Alberta Winter Games Airdrie</i>
16	17	18	19	20	21	22
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am <i>Alberta Winter Games</i>	**Family Day**	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Sr 5:45 - 7:00	Sr 3:45 - 5 (Int by approval) Simulations 6:30 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00
23	24	25	26	27	28	29
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Jr 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00 <i>Calgary Combined Invitational Airdrie</i>	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00 <i>Calgary Combined Invitational Airdrie</i>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00
8	9	10	11	12	13	14
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am South STARSkate Invitational	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00
15	16	17	18	19	20	21
Jr Academy 6:30 - 7:15 am Jr A Dryland 7:30 - 8:00 am Sr Academy 6:30 - 7:30 am Sr A Dryland 7:45 - 8:15 am Jr 6:30 - 8:00 am Jr Dryland 8:15 - 8:45 am Int 8:00 - 8:45 am, 10 - 11 am Int Dryland 9 - 9:45 am Sr 8:45 - 9:45 am, 11 - 12 pm Sr Dryland 10 - 10:45 am	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Acad/Jr Dryland 4:45 - 5:15 Int Dryland 3:45 - 4:15 Int 4:30 - 5:15 Sr Dryland 4:15 - 4:45 Sr 5 - 6:30 Board Meeting 7:00 pm	Jr & Sr Academy 3:45 - 4:30 Jr 3:45 - 4:30 Int 4:30 - 5:30 Canskate 5:30 - 6:15 Sr 6:30 - 8:00	Sr 3:45 - 5 (Int by approval) Canskate 5:00 - 5:45 PreCan/PrePower 5:15 - 5:45 PreCan/PrePower 6:30 - 7 Canskate 6:30 - 7:15 Private Pickup 7:15 - 8:15 Adult/Teen 8:00 - 8:45	Int 6:30 - 8 AM Jr & Sr Academy 3:45 - 4:15 Jr 3:45 - 4:15 Academy/Jr Spin 4:15 - 4:30 Sr 4:30 - 5:45	Canskate 12:45 - 1:30 Sr/Int Gr 1 1:30 - 3:30 Flood 3:30 - 3:45 Sr/Int Gr 2 3:45 - 5:45 Sr Academy 5:45 - 6:30 Jr 5:45 - 7:00 <i>StarSkate Champ Edmonton</i>	PreCan 10:00 - 10:30 Canskate 10 - 10:45 PreCan 10:45 - 11:15 Canskate 10:45 - 11:30 PrePower 11:30 - 12:00 <i>StarSkate Champ Edmonton</i>
22	23	24	25	26	27	28
	Academy 4:00 - 4:45 Junior 4:15 - 5:00 Inters 5:00 - 6:15 Canskate 6:15 - 7:00 Flood 7:00 - 7:15 Senior 7:15 - 8:30	Academy 4:00 - 4:45 Junior 4:15 - 5:00 Inters 5:00 - 6:15 Canskate 6:15 - 7:00 Flood 7:00 - 7:15 Senior 7:15 - 8:30	Academy 4:00 - 4:45 Junior 4:15 - 5:00 Inters 5:00 - 6:15 Canskate 6:15 - 7:00 Flood 7:00 - 7:15 Senior 7:15 - 8:30	Academy 4:00 - 4:45 Junior 4:15 - 5:00 Inters 5:00 - 6:15 Canskate 6:15 - 7:00 Flood 7:00 - 7:15 Senior 7:15 - 8:30	Academy 4:00 - 4:45 Junior 4:15 - 5:00 Inters 5:00 - 6:15 Canskate 6:15 - 7:00 Flood 7:00 - 7:15 Senior 7:15 - 8:30	**Ice Show**
<i>StarSkate Champ Edmonton</i>						
29	30	31				
		Juniors 4:00 - 4:45 Int 4:15 - 5:15 Senior 5:15 - 6:16				

