










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	31-Aug Acad 3:45 PM 4:30 PM Jr 3:45 PM 4:30 PM Int 4:30 PM 5:45 PM Flood 5:45 PM 6:00 PM Sr 6:00 PM 7:30 PM	1 Acad 3:45 PM 4:30 PM Jr 3:45 PM 4:30 PM Int 4:30 PM 5:30 PM Sr 5:30 PM 6:30 PM Flood 6:30 PM 6:45 PM CanPower 6:45 PM 7:30 PM	2 Acad 3:45 PM 4:30 PM Jr 3:45 PM 4:30 PM Int 4:30 PM 5:30 PM Sr 5:30 PM 6:30 PM Flood 6:30 PM 6:45 PM CanPower 6:45 PM 7:30 PM	3 Acad 3:45 PM 4:30 PM Jr 3:45 PM 4:30 PM Int 4:30 PM 5:30 PM Sr 5:30 PM 6:30 PM Flood 6:30 PM 6:45 PM CanPower 6:45 PM 7:30 PM	4 Acad 3:45 PM 4:30 PM Jr 3:45 PM 4:30 PM Int 4:30 PM 5:30 PM Sr 5:30 PM 6:30 PM Flood 6:30 PM 6:45 PM CanPower 6:45 PM 7:30 PM	5	
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			Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM	Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	
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	Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM Board Meeting	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM	Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	
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Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM	Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM		
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Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM				
Academy	Group 1	Group 2	Group 3	Group 4	CanSkate & PrePower	CanPower	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
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				Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	
4	5	6	7	8	9	10
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
11	12	13	14	15	16	17
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	 No Skating Today	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
18	19	20	21	22	23	24
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
25	26	27	28	29	30	31
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM 
Academy	Group 1	Group 2	Group 3	Group 4	CanSkate & PrePower	CanPower

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 AM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
8	9	10	11	12	13	14
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM Board Meeting	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	 No Skating Today	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 AM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
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Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 AM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
22	23	24	25	26	27	28
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 AM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
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Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2	Group 3	Group 4	CanSkate & PrePower	CanPower

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
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		Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
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Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Power B 6:30 AM 7:15 AM Power A 7:15 AM 8:00 AM Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	PrePower 1:30 PM 2:15 PM Can 1:30 PM 2:15 PM Break 2:15 PM 2:45 PM PrePower 2:45 PM 3:30 PM Can 2:45 PM 3:30 PM Flood 3:30 PM 3:45 PM Group 3 3:45 PM 5:00 PM Academy 5:00 PM 5:45 PM Group 1 5:00 PM 5:45 PM Flood 5:45 PM 6:00 PM Group 2 6:00 PM 7:00 PM	PrePower 10:00 AM 10:45 PM Can 10:00 AM 10:45 AM Break 10:45 AM 11:15 AM PrePower 11:15 AM 12:00 PM Can 11:15 AM 12:00 PM
13	14	15	16	17	18	19
Group 1 6:30 AM 7:30 AM Group 2 7:30 AM 8:30 AM Group 3 8:30 AM 10:00 AM Flood 10:00 AM 10:15 AM Group 4 10:15 AM 12:00 PM	Group 3 6:30 AM 8:00 AM Academy 3:45 PM 4:30 PM Group 1 3:45 PM 4:30 PM Group 2 4:30 PM 5:30 PM Group 4 5:30 PM 6:30 PM	Group 2 3:45 PM 4:45 PM Group 4 4:45 PM 6:15 PM Flood 6:15 PM 6:30 PM Group 3 6:30 PM 8:00 PM	Group 4 6:30 AM 8:00 AM Academy 3:45 PM 4:45 PM Group 1 3:45 PM 4:45 PM Break 4:45 PM 5:00 PM Can 5:00 PM 5:45 PM PrePower 5:00 PM 5:45 PM	Group 3 3:45 PM 4:45 PM Group 4 4:45 PM 5:45 PM	Christmas Break	Christmas Break
20	21	22	23	24	25	26
Christmas Break	Christmas Break	Christmas Break	Christmas Break			Christmas Break
27	28	29	30	31		
Christmas Break	Christmas Break	Christmas Break	Christmas Break			
Academy	Group 1	Group 2	Group 3	Group 4	CanSkate & PrePower	CanPower