

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak.

A “participant” includes a club or skating school employee, coach, choreographer, volunteer, official, skater or parent / spectator.

An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. If a case or outbreak of COVID-19 is reported the registrar will contact the facility and communicate restrictions and cancellations to members via email.
2. If a participant reports they are suspected or confirmed to have COVID-19 and have been at the facility, we will implement enhanced cleaning measures to reduce risk of transmission. OSC will notify the facility right away
3. OSC will advise individuals to:
 - a. Self-isolate
 - b. Monitor their symptoms daily, report respiratory illness and not to return to activity for 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite
 - c. The Participant will not be permitted to return to the facility until they are free of the COVID- 19 virus as verified by a medical professional.
 - d. Use the Alberta Health COVID-19 self-assessment tool to help determine if further assessment or testing for COVID-19 is needed
4. Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency Individuals can learn more about symptoms and how to manage a patient at home by accessing the following Alberta Health Services links:

<https://www.albertahealthservices.ca/topics/Page17026.aspx>

<https://www.albertahealthservices.ca/topics/Page16997.aspx#sign>

5. In the event of a suspected case or outbreak of influenza-like-illness, the Registrar will immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at our local health authority. We will implement our Illness Policy and enhanced measures.
6. If our organization is contacted by a medical health officer in the course of contact tracing, we will cooperate with local health authorities.