

Page 1 of 2

STAR 2 Element 1 *

Jump

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A second dropdown list will appear. Select the jump type - in this example, select Waltz (W).

STAR 2 Element 1 *

Jump

Waltz (W)

Salchow (S)

Toeloop (T)

Euler (Eu)

Loop (Lo)

Flip (F)

Lutz (Lz)

Axel (A)

Select Waltz (W).

STAR 2 Element 2 *

Spiral / Step / Choreographic Sequence

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Move on to the next Element – in this example, it's a spiral sequence. Select Spiral/Step/Choreographic Sequence

STAR 2 Element 2 *

Spiral / Step / Choreographic Sequence

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Choreographic Step Sequence (ChSq)

Step Sequence (StSq)

Spiral Sequence (SpSq)

Select Spiral Sequence (SpSq).

Move on to next element until all fields are entered.

****NOTE: the Upright Back Spin element can be found under the menu 'Special Olympics Spin'.**

STAR 2 Freeskate will require 9 elements.

STAR 3 Freeskate will require 8 elements.

For any questions, please contact your skaters coach.

For OSC members, please contact Coach Talia.