

A 'participant' includes a club employee, coaches, choreographer, volunteer, official, skater or parent/spectator.

1. Inform an individual in a position of authority (coach, volunteer, club administrator) if you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
2. Assessment
  - a. Participants must have a daily screening for symptoms and hand in Health Screening Questionnaire upon arrival at the facility.
  - b. Volunteers/coaches will visually monitor participants to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the practice/activity.
  - c. If participants are unsure, please have them use the Alberta Health COVID-19 self-assessment tool at [albertahealthservices.ca](http://albertahealthservices.ca).
3. If a participant is feeling sick with COVID-19 symptoms:
  - a. They should remain at home and contact Health Link at 811.
  - b. If they feel sick and/or are showing symptoms while at practice/activity they should be sent home immediately and have them contact 811 or a doctor for further guidance.
  - c. Facility must implement Rapid Response Plan including
    - i. Immediate isolation of the symptomatic participant from others.
    - ii. Consideration of suspension or temporary cancellation of the practice/activity.
    - iii. Cleaning and disinfecting of all equipment and surfaces that may have come into contact with the symptomatic participant.
    - iv. Performance of hand hygiene by remaining participants.
    - v. Communication to participants regarding symptomatic participant.
  - d. No participant may participate in a practice/activity if they are symptomatic.
4. If a participant tests positive for COVID-19
  - a. The participant will not be permitted to return to the practice/facility until they are free of the COVID-19 virus as verified by a medical professional with a medical note.
  - b. Any participants who practice closely with the infected participant will also be removed from the practice/facility for at least 14 days to ensure the infection does not spread further.
  - c. Close off, clean and disinfect their practice facility area immediately and any surfaces that could have potentially be infected/touched.
  - d. If any participant tests positive, OSC must inform the Alberta-NWT/Nunavut Section Office.
5. If a participant has been tested and is waiting for the results of a COVID-19 test:
  - a. As with the confirmed case, the participant must be removed from the practice/facility.
  - b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and contact Health Link at 811.
  - c. Other participants who may have been exposed will be informed and removed from the practice/facility for at least 14 days or until the diagnosis of the COVID-19 is ruled out by health authorities.
  - d. The practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If a participant has come into contact with someone who is confirmed to have COVID-19:
  - a. Participant must advise their club administrator if they reasonably believe they have been exposed to COVID-19.
  - b. Once the contact is confirmed, the participant will be required to follow the direction of Alberta Health Services.
  - c. The practice/activity area will be closed off, clean, and disinfected immediately and any other surfaces they could have potentially been infected/touched.
7. Quarantine or Self-Isolate if:
  - a. Any participant who has a member of their household who has travelled outside of Canada and has experienced any symptoms identified on the Health Screening Questionnaire within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
  - b. Any participant with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
  - c. Any participant from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
  - d. Any participant who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.