



2023

NOTE - ALL ACTIVITES ARE AT THE PASON CENTENNIAL AREA
ON ICE - GOLD AREA
DRYLAND - NATIONAL ROOM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						



Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group A	8:00 AM	9:00 AM
Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Spin/Stroke	8:45 AM	9:00 AM
Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Group B	8:45 AM	10:00 AM
Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM			
Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM			
Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM			
Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM			
Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM			
Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM			
Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM			

Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group A	8:00 AM	9:00 AM
Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Spin/Stroke	8:45 AM	9:00 AM
Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Group B	8:45 AM	10:00 AM
Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM			
Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM			
Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM			
Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM			
Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM			
Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM			
Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM			

Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group A	8:00 AM	9:00 AM
Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Spin/Stroke	8:45 AM	9:00 AM
Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Group B	8:45 AM	10:00 AM
Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM			
Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM			
Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM			
Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM			
Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM			
Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM			
Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM			

Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group B	8:00 AM	9:30 AM	Group A	8:00 AM	9:00 AM
Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Group A	9:30 AM	10:30 AM	Spin/Stroke	8:45 AM	9:00 AM
Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Academy	9:30 AM	10:30 AM	Group B	8:45 AM	10:00 AM
Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM	Flood	10:30 AM	10:45 PM			
Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM	Group B Dry	9:45 AM	10:30 AM			
Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM	Acad Dry	10:45 AM	11:30 AM			
Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM	Group A Dry	10:45 AM	11:30 AM			
Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM	Group B	10:45 AM	12:00 PM			
Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM	Spin/Stroke	11:45 AM	12:00 PM			
Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM	Group A	11:45 AM	1:00 PM			